

National Institute of Tuberculosis & Respiratory Diseases (Erstwhile IRS Institute Of Tuberculosis & Respiratory Diseases)



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NEWS LETTER

OCTOBER—DECEMBER 2017



NITRD

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Special 'Swachata' Drive

Be Clean! Be Healthy!

As a part of the Special Cleanliness Drive carried out in the Institute from 15 September 2017 to 2 October 2017, a Swachchhata March was taken out on 2 October. About 250 health personnel including doctors, nurses, administrators and MTS participated in the march. It began from the NITRD and proceeded en route to the monument of Qutub Minar. During the march, benefits of sanitation and hygienic practices were communicated. Pamphlets and soaps were also distributed among the general public. The staff reiterated their commitment and pledge to keep the premises neat and clean.



Worlds AIDS Day

The Institute observed 'World AIDS Day' on 1 December 2017. The theme for this year was "MY HEALTH-MY RIGHT".

Several activities like drawing competition, skit, street play a general awareness quiz about the issue were organized on this occasion to promote knowledge about HIV-AIDS in general public.

Speaking on the occasion, Dr. Upasana Aggarwal, In-Charge, ART Centre observed that organizing such an event helps the health managers to increase awareness among people so that they can access treatment facilities better in addition to being better informed about preventive strategies.

Dr. U.K. Khalid, Dr. Ravindra Dewan, Dr. M.M. Puri and Dr. Myneedu were present on the occasion. They also delivered informative speeches. Response from the audience was very encouraging as they actively participated in lectures and the subsequent quiz.



Vigilance Awareness Week



The Institute organized a session on the theme 'MyVision-Corruption Free India' as a part of the "Vigilance Awareness Week" observed from 30 October to 4 November 2017.

The session was presided over by Dr. M. M. Puri. Also present were the AMS Dr. Pravesh Yadav, Dr. Myneedu, Dr. Rupak Singla, Senior Doctors and staff from various sections of the Institute. Dr. M. M. Puri administered a pledge to all those present for maintaining integrity and highest standards of probity.

The officers and staff were exhorted to carry out their official duties without any fear or favor.

BMW Management Guideline Training



Biomedical Waste Management Cell conducted one day training about guidelines for biomedical waste management for the Staff of the Institute including doctors, nurses, paramedical staff etc. These activities are being done regularly on a periodic basis. Posters on biomedical waste management are displayed in different facilities of the Institute like wards, ICU, OT and other places for ready reference.

Dr. Myneedu, HOD (Hosp. Administration) and the AMS Dr. Pravesh Yadav chaired the program. Heads of various departments, Nursing Superintendent and Sister In-charges were also present on the occasion.

Training : Technical and operation guideline to control Tuberculosis in India

The Department of Training conducted a Training on Technical and Operational Guidelines from 30 October to 3 November 2017. A total of 24 trainees from across the country joined this training. Faculty of the Institute actively participated in facilitating the Program.



Workshop : Use of Rapid Molecular Test

“LPA and XPERT for detection of Resistance to First and Second line Drugs among TB cases”

Department of Microbiology organized a Workshop in the Institute on the “Use of Rapid Molecular tests – LPA and XPERT for detection of Resistance to First and Second line Drugs among TB cases” from 20 to 28 Nov 2017. Eight Laboratory Technicians from SAARC countries participated in the Workshop. Microbiology Department Faculty delivered lectures and conducted the Workshop.



Faculty in action

OCTOBER

Dr Rohit Sarin, Director, attended the 48th World Conference on Lung Health held in Guadalajara, Mexico from 11 to 14 October 2017 and received "Karel Styblo Public Health Prize" for key contribution to DOTS and MDR-TB treatment both Nationally and Internationally. He also attended fresh Accreditation of Respiratory Diseases Department organized by National Board of Examination at the Kamineni Hospital L.B. Nagar, Hyderabad, Telangana on 31 October 2017.

Dr. R. K. Dewan visited RG Kar Medical College, Kolkata on 7 October 2017 as External Examiner in the Annual DNB- Thoracic Surgery Practical Examination conducted by the National Board of Examinations. He also delivered an invited talk in the Annual conference of Cardiothoracic Surgeons North Zone held in Rohtak on 15 October 2017.

A Training on Clinical Management of DR-TB was carried out for two WHO Fellows from Myanmar from 9 to 20 October 2017 in the Institute that was coordinated by Dr Vikram Vohra. The Institute Faculty conducted lectures and demonstrations for the trainees as per the training curriculum.

NOVEMBER

Continuing Nursing Education (CNE) activities were carried out during the month under the chair ship of Director Dr. Rohit Sarin and Nursing Superintendent Dr. Anita Rani Kansal. Can Support Organization presented a talk on Palliative Care for 60 Nursing personnel and Resident doctors of the Institute. Dr. Anita Rani Kansal spoke on Management of TB patient for a batch of 30 students from RAK College of Nursing.

Dr Rohit Sarin, Director, attended PULMOCON 2017 organized by National Institute of Diseases of Chest and Hospital, Dhaka on 16 November 2017 at Dhaka, Bangladesh and presented a paper titled 'Tuberculosis: Overcoming the Challenges' and Chaired the Session titled "Respiratory Infections – The Unfinished Battle". He also attended Symposium Session on "Roll out of Bedaquiline – A New Anti-TB drug" and also Chaired "Overview of Experience under Bedaquiline Conditional Access Programme" as a Faculty Speaker in 19th NAPCON 2017 on 17 November 2017 organized at Kolkata. He also attended Zonal Task Force Meeting at Chennai on 29 and 30 November 2017.

Dr. R. K. Dewan attended CT-CME Thoracic held in Chennai on 4-5 November 2017 and delivered a Guest Lecture on "Role of Surgery in Pulmonary Tuberculosis". He also Chaired a Session in the Meet. He also delivered a talk on 'Surgery for Sequelae of Pulmonary Tuberculosis' on 19 November 2017 in NAPCON 2017 held in Kolkata. Dr. Rajat Saxena, Thoracic Surgeon also attended CT-CME Thoracic held in Chennai on 4-5 November 2017.

DECEMBER

Dr Rohit Sarin, Director, attended Workshop of the Zonal Task Force for the East Zone in Patna, Bihar from 7-8 December 2017. He also attended 68th NATCON held at Rajahmundry (Andhra Pradesh) from 15-17 December 2017 and delivered a lecture on “Preliminary results of Bedaquiline and Delamanid in TB Programme” in a Scientific Session on MDR TB.

Dr. R. K. Dewan attended 68th NATCON held at Rajahmundry (Andhra Pradesh) from 15-17 December 2017 and moderated a session on Lung Cancer. **Dr. Anil Jain, Dr. Rajneesh Gupta, Dr. Lokender, Ms. Ashima Sharma** and **Ms. Susheela** also attended this meet. **Ms. Ashima Sharma** presented a Paper on “A Pilot study to evaluate the effect of Mesh and Exhaust Fan cleaning upon the air changes per hour (ACH) of a female ward in a tertiary care Institute.”

Dr Anita Rani Kansal, Ms. Archana G, and **Mrs Anita D. Singh,** attended a Workshop on “Revision of Nursing Curriculum on TB” from 5-6 December 2017 in New Delhi.

Dr Pravesh Yadav attended one day training on Swachh Bharat Abhiyan organized by ISTM, New Delhi on 11 December 2017. As External Quality Assessor, he performed the Kaya Kalp assessment of S.V.B.P Hospital under Govt. of NCT, Delhi on 20 December 2017. A training on Waste Management, Hand Hygiene/Washing and Spill Management were organized on 8 December 2017 for all the Multi-Tasking Staff as a part of ongoing Kaya Kalp activities.

Statistical Data

Data from October - December 2017

OPD New Registration	:	15376
Subsequent visits of Pt. in OPD	:	34252
New Patients per Day	:	167
Average Total Patient per Day	:	705
Emergency Patients:	:	4868
Total Patients In CTVS OPD	:	2230
Total Surgery in CTVS OT	:	133

Quiz

In the last edition of our Newsletter, we had presented a case and invited answers from the readers about the diagnosis of the case.

Correct Answer : Granulomatosis with polyangitis (Wegener's Granulomatosis) causing pulmonary hemorrhage

The reader who sent in the correct answer : Dr. Rajesh Gothi

QUIZ OF THIS ISSUE

A 27 year old patient was referred to the Institute as a case of opaque hemothorax for decortication (Fig. 1). His X-ray chest three months ago after sustaining blunt trauma chest is given at Fig,2.



Fig, 1



Fig, 2

Quiz(Contd.)

What is the diagnosis of the case. Readers are encouraged to send in their answers to the following

E-mail:

ravindrakdewan@rediffmail.com

Names of those readers who send in the correct answers within a fortnight will be published in the next issue.

The Motto

With the new day comes new strength and new thoughts

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