



ASTHMA UPDATE - 2024

Organized by National Institute of Tuberculosis and Respiratory Diseases

- **Pre CME Workshop on PFT and Allergy & Immunology : 3rd, May, 2024 (Timings - 02:00 PM to 06:00 PM)**
- **CME on Asthma Update : 4th May, 2024 (Timings - 09:00 AM to 04:30 PM)**

World Asthma Day is celebrated to promote awareness of asthma worldwide. Asthma affects over 260 million people and over 450000 deaths each year worldwide. The burden of asthma in India as 34.3 million and has three times higher mortality compared to the global proportion of asthma burden. The institute is organizing a CME on latest developments in diagnosing and managing the Bronchial Asthma.

HIGHLIGHTS:

- *Early diagnosis of Asthma in Children and Adult.*
- *Use of biologicals how and when*
- *Personalizing Asthma management*
- *Role of Allergen Immunotherapy in Asthma management*
- *Managing poorly controlled Asthma*
- *GINA Guideline in Indian perspective*
- *Workshop on PFT and Allergy and Immunology*



For registration
Please scan the QR code

Venue: Main Auditorium,
National Institute of Tuberculosis and Respiratory Diseases,
Sri Aurobindo Marg, New Delhi 110 030

Registration fee is Rs. 2000/- only

Workshop registration - 1500/-
(30 participants only for each).

CME kits will be limited so kindly
register early

Please also register on the link after the
payment

<https://forms.gle/uRQKqqsuNgEY1djt5>

BANK ACCOUNT DETAILS

Bank Name: PUNJAB NATIONAL BANK
Name of Account: National Institute of TB &
Respiratory Diseases.
Branch : Lado Sarai, New Delhi-110030
Account No. : 0636010100257320
IFSC CODE : PUNB0498000
GST No. 07DELL02797E1D6
Pan No. AAAAL1106B



Dr. Sangeeta Sharma
Organizing Chairmen
Director- NITRD



Dr. Sanjay Gupta
Co- Chairmen
Head, TB & Chest



Dr. Anil Kumar Jain
Organizing Secretary
Head, Allergy, Asthma & Immunology



Dr. Swaroon A
Joint Secretary &
Treasurer

Contact Details: nitrddallergyasthmacme@gmail.com, 9871191371 & 9789990701

SCIENTIFIC PROGRAM ASTHMA UPDATE - 2024

**Organized by National Institute of Tuberculosis and
Respiratory Diseases on 04th May, 2024**

TIME	TOPIC	SPEAKERS
09:00 AM – 09:30 AM (30 Minutes)	ORATION: Burden of Allergic Diseases in India <i>Chairpersons:</i> <i>Dr. V. K. Arora, Dr. Sangeeta Sharma, Dr. Sanjay Gupta</i>	Padma Shri Dr. Digamber Behera <i>Former Director, NITRD, Delhi</i> <i>Ex-HOD, PGIMER, Chandigarh</i>
<i>Session 1</i>	<i>Chairpersons:</i> <i>Dr. M.M. Puri, Dr. Lokender Kumar, Dr. P. Sethi, Dr. Devika Tayal</i>	
09:30AM – 09:50 AM (20 Minutes)	All That Wheeze Is Not Asthma (Asthma Mimics)	Dr. Mrinal Sircar <i>Pulmonologist, Fortis, Noida</i>
09:50 AM – 10:10 AM (20 Minutes)	Global Initiative for Asthma (Gina) In Indian Perspective	Dr. Dipti Gothi <i>ESICH & Medical College, New Delhi</i>
10:10 AM – 10:30 AM (20 Minutes)	Biomarkers In Diagnosis and Management of Asthma	Dr. Vijay Hadda <i>AIIMS, New Delhi</i>
10:30 AM – 10:40 AM (10 Minutes)	Q & A	
10:40 AM – 11:00 AM (20 Minutes)	HIGH TEA <i>Chairpersons:</i> <i>Dr. R. Singla, Dr. Upasana Agarwal, Dr. Puneet Arora, Dr. M. Bhalla</i>	
11:00 AM – 11:20 AM (20 Minutes)	Indication and cost effectiveness of biologicals in asthma	Dr. Vivek Nangia <i>Senior Consultant, Max, Saket, Delhi</i>
11:20 AM – 11:40 AM (20 Minutes)	Common Allergens Responsible for allergy and Asthma in India	Dr. A. B. Singh <i>Secretary, Indian College of Allergy, Asthma & Immunology</i>
11:40 AM – 12:00 PM (20 Minutes)	Allergen Immunotherapy in Asthma- Mechanism and Efficacy	Dr. P. C. Kathuria <i>Director, National Allergy Centre, Delhi</i>
12:00 PM – 12:10 PM (10 Minutes)	Q & A	
12:10 PM – 12:40 PM (30 Minutes)	INAUGURATION <i>Chairpersons:</i> <i>Dr. Sushil Munjal, Dr. Rajnish Gupta, Dr. Alok Yadav, Dr. J. K. Saini</i>	
12:40 PM – 01:00 PM (20 Minutes)	Childhood Asthma – Advances in Diagnosis & Management	Dr. Neeraj Gupta <i>Paediatric Consultant, Ganga Ram Hospital, Delhi</i>
01:00 PM – 01:20 PM (20 Minutes)	Respiratory effects of Air Pollution in Children	Dr. Sangeeta Sharma <i>Senior Paediatrician</i> <i>Director, NITRD, Delhi</i>
01:20 PM – 01:30 PM (10 Minutes)	Q & A	
01:30 PM – 02:10 PM (40 Minutes)	LUNCH <i>Panel Discussion</i> <i>Chairpersons:</i> <i>Dr. Anuj K. Bhatnagar, Dr. P Sethi, Dr. Ashish Kumar, Dr. Pushpendra Verma & Dr. Parul M Gupta</i>	Moderator – Dr. Anil Kumar Jain
<i>Session 4</i>	<i>Chairpersons:</i> <i>Dr. Sanjay Gupta, Dr. V. Vohra, Dr. Devesh Chouhan, Dr. Ritu Singhal</i>	
03:00 PM – 03:20 PM (20 Minutes)	Asthma & COPD: Overlap	Dr. (Brig) D Bhattacharya <i>HOD Pulmonary medicine, ILBS, Delhi</i>
03:20 PM – 03:40 PM (20 Minutes)	Complimentary & Alternative Medicine in Asthma	Dr. Anil Kumar Jain <i>Senior Consultant & I/c Allergy Clinic, NITRD, Delhi</i>
03:40 PM – 03:50 PM (10 Minutes)	Q & A	
03:50 PM – 04:30 PM	VALEDECTORY followed by HIGH TEA	

WOKSHOP **ASTHMA UPDATE - 2024**

**Organized by National Institute of Tuberculosis and
Respiratory Diseases
on 03th May, 2024**

Allergy & Immunology workshop on IInd Floor

03rd May, 2024 from 02:00 PM to 06:00 PM

TIME	TOPIC	SPEAKERS
02:00 PM – 02:15 PM	Registration	
02:15 PM – 02:45 PM	Allergen testing - in-vitro and in-vivo	Dr. Parul M Gupta <i>(Ass. Prof. VPCI New Delhi)</i>
02:45 PM – 03:15 PM	Immunological reactions in Allergic Diseases	Dr. P. C. Kathuria <i>Director, National Allergy Centre, Delhi</i>
03:15 PM- 03: 45 PM	Allergen immunotherapy - Basics of Treatment	Dr. Anil Kumar Jain <i>Senior Consultant & I/c Allergy Clinic, NITRD, Delhi</i>
03:45 PM – 04:00 PM	TEA BREAK	
04:00 PM – 04:30 PM	Role of FENo in Allergic Asthma	Dr. Arunachalam <i>(Consultant Pulmonologist, Yatharth Hospital)</i>
04:30 PM – 05:00 PM	Food Allergy – Diagnosis and Management	Dr. Priya Sharma <i>(Consultant Pulmonologist, Apollo Hospital Vasant Vihar Delhi)</i>
05:00 PM – 05:30 PM	Biologicals in allergy and asthma- Indian perspective	Dr. Anil Kumar Jain <i>Senior Consultant & I/c Allergy Clinic, NITRD, Delhi.</i>
05:30 PM – 06:00 PM	Demonstrations	Dr. Sonam Spalgis Dr. Ananya prabhu Dr. Anil Kumar Jain Dr. Priya Sharma Dr. Manisha Rai Dr. Alok Yadav

WORKSHOP ASTHMA UPDATE - 2024

Organized by National Institute of Tuberculosis and
Respiratory Diseases
on 03th May, 2024

PFT workshop on IIIrd Floor, OPD

03rd May, 2024 from 02:00 PM to 06:00 PM

COURSE DIRECTOR: *Dr. Rupak Singla* CO- DIRECTOR: *Dr. Sanjay Gupta Dr. Amitesh Gupta*

TIME	TOPIC	SPEAKERS
02:00 PM – 02:15 PM	Registration	
02:15 PM – 02:25 PM	Introduction to the course and faculty	Dr. Sanjay Gupta <i>(HOD TB & RD NITRD, New Delhi)</i>
02:25 PM – 02:45 PM	Instrumentation to Spirometry	Dr. Sanjay Gupta <i>(HOD TB & RD NITRD, New Delhi)</i>
02:45 PM – 03:25 PM	Basics of Spirometry	Dr. Amitesh Gupta <i>(Ass. Prof MAMC New Delhi)</i>
03:25 PM – 03:45 PM	Hands on Spirometry	Dr. Sanjay Gupta <i>(HOD TB & RD, NITRD, New Delhi)</i>
03:45 PM – 04:00 PM	TEA BREAK	
04:00 PM – 04:45 PM	Interpretation of Spirometry	Dr. Rupak Singhla <i>(Senior Pulmonologist NITRD new Delhi)</i>
04:45 PM – 05:30 PM	Case based discussion	Dr. Sanjay Gupta Dr. Rupak Singhla Dr. Amitesh Gupta
05:30 PM – 06:00 PM	Q & A	